

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race Number</i>
1	00:41:12	BISHOP, Harry	Unattached	Senior Men	85
2	00:44:20	YAPP, Matthew	Ludlow Runners	Senior Men	108
3	00:44:22	GRUBB, Chris	Ledbury & District Harriers	Senior Men	124
4	00:44:36	SHINGLER, Jamie	Ludlow Runners	MV40	111
5	00:45:51	HALL, Tom	Unattached	MV40	118
6	00:46:39	WILLIAMS, Richard	Wye Valley Runners	Senior Men	137
7	00:46:43	DOWLE, Christian	Malvern Buzzards	MV50	36
8	00:49:58	GORE, William	Croft Ambrey RC	Senior Men	79
9	00:50:58	COLLIER, Craig	Ludlow Runners	Senior Men	128
10	00:51:11	LOVE, Richard	Mercia Fell Runners	MV50	76
11	00:51:36	WOODYATT, Matthew	Cocks Moor Woods	Senior Men	63
12	00:51:48	MCQUONE, Eoin	CLC Striders	MV40	7
13	00:52:16	GILBERT, Ffion	Ludlow Runners	Senior Female	74
14	00:52:33	DYER, Brian	Unattached	Senior Men	32
15	00:52:52	GRIFFITHS, Simon	Black Pear Joggers	MV50	131
16	00:53:02	DAVIES, James	Malvern Joggers	Senior Men	139
17	00:53:03	GODDING, Alice	Ludlow Runners	Senior Female	103
18	00:53:38	ARMSTRONG, Sarah	Malvern Buzzards	FV50	25
19	00:53:48	JENNINGS, Shane	Ludlow Runners	Senior Men	141
20	00:54:20	DEMPSEY, Andrew	Ludlow Runners	MV40	126
21	00:54:35	WOODHOUSE, Stephen	Wyre Forest Hash House	MV40	42
22	00:55:11	WOOLHAM, Callan	Unattached	Senior Men	117
23	00:56:07	MACDONALD, Lucy	Spirit of Monmouth	Senior Female	19
24	00:56:16	GILBERT, Shannon	Ludlow Runners	Senior Female	142
25	00:56:17	BASKEYFIELD, Paul	Ludlow Runners	MV50	44
26	00:56:30	BELL, Stephen	Unattached	Senior Men	13
27	00:56:54	EHRlich, Matt	Unattached	MV40	110
28	00:57:01	BEETLESTON, Richard	Pershore Plum Plodders	MV40	73
29	00:57:07	CRESSWELL, Duncan	Newent Runners	MV40	20
30	00:57:08	BLINKHAM, David	Unattached	MV50	92
31	00:57:10	PARKER, Peter	Royal Sutton Coldfield AC	MV60	102
32	00:57:16	GRIFFITH, Rhys	Unattached	MV50	81
33	00:58:14	WEBB, Alison	Malvern Buzzards	FV40	1
34	00:58:43	COMPTON, Darren	Unattached	MV40	84
35	00:58:57	WATKINS, Hannah	Hereford Couriers	Senior Female	50
36	00:58:58	CAMERON, James	Unattached	Senior Men	105
37	00:59:11	JENNINGS, Hayley	Ludlow Runners	Senior Female	9
38	00:59:17	GILES, Tim	Ludlow Runners	MV40	132
39	00:59:33	DEMPSEY, Vivien	Ludlow Runners	FV40	10
40	01:00:21	REEVES, Lee	Ludlow Runners	MV40	83
41	01:00:25	KELLY, Shona	Malvern Buzzards	Senior Female	52
42	01:00:57	WOODHOUSE, Robin	Unattached	Senior Men	43
43	01:00:57	HICKEY, Catherine	Unattached	FV40	57
44	01:01:19	WIXEY, Mark	Unattached	MV40	78
45	01:01:52	RICHARDSON, Clive	Ludlow Runners	MV60	8
46	01:02:44	CLARK, Patrick	Worcester Tri Club	MV50	136
47	01:02:45	ROBINSON, James	Unattached	MV40	112
48	01:02:46	DANKINS, Justin	Unattached	Senior Men	133
49	01:03:30	DAVIS, Tony	Cocks Moor Woods	MV60	39

50	01:03:44	DAWKINS, Clio	Unattached	Senior Female	27
51	01:03:44	HYETT, Wesley	Unattached	Senior Men	109
52	01:03:56	RICHMOND, David	Unattached	MV50	21
53	01:03:57	FLETCHER, Cathy	Spirit of Monmouth	FV40	86
54	01:04:03	DYSON, Ian	Malvern Buzzards	MV60	17
55	01:04:22	BRADLEY, Richard	Unattached	MV50	114
56	01:04:48	RIDEOUT, Rob	Unattached	MV40	93
57	01:04:55	CLEE, Bryan	Presteigne Pacers	MV40	99
58	01:05:19	CARTER, Val	Birchfield	FV50	101
59	01:05:33	WEBB, Claire	Ludlow Runners	FV40	98
60	01:05:38	GARNETT, David	Almost Athletes	MV50	71
61	01:05:56	WALWYN, Ian	Malvern Joggers	MV60	47
62	01:06:12	BOWKETT, Cheralyn	Unattached	Senior Female	89
63	01:06:30	PREECE, Roland	Unattached	MV50	106
64	01:06:38	STOCK, Anthony	Unattached	MV40	15
65	01:07:18	ROODE, Steve	Unattached	MV50	69
66	01:07:24	HAWARD, Charlie	CLC Striders	FV40	125
67	01:08:06	CASELEY, Julie	Malvern Buzzards	FV50	33
68	01:08:49	WHITMARSH, Liz	Ludlow Runners	Senior Female	77
69	01:09:05	LAWRENCE, Adam	Lonely Goat Running Club	MV40	28
70	01:09:09	LAWRENCE, Tracy	Lonely Goat Running Club	FV40	29
71	01:09:33	DAINTY, Lisa	Mercia Fell Runners	FV40	26
72	01:10:00	BENNION, Alan	Unattached	MV50	23
73	01:10:12	HARRIS, Steve	Black Pear Joggers	MV60	12
74	01:10:38	CHESTERMAN, Kay	Unattached	FV50	100
75	01:10:42	CULLEN, Max	Unattached	MV60	138
76	01:10:43	PONTER, Chris	Unattached	Senior Men	97
77	01:11:49	HALL, Nicola	Forest of Dean	FV60	41
78	01:12:08	STANLEY, Tony	Ludlow Runners	MV60	34
79	01:12:24	ANSTEY, Mike	Malvern Buzzards	MV60	135
80	01:13:00	JONES, Chris	Unattached	Senior Men	22
81	01:13:31	JONES, Catherine	Newent Runners	FV50	94
82	01:14:21	CULSHAW, Helen	Unattached	FV40	119
83	01:14:27	THOMAS, Shirley	Cleobury Mortimer RC	FV50	122
84	01:14:50	HORNCastle, Cliff	Lonely Goat Running Club	Senior Men	72
85	01:15:28	SWIFT, Bobbie	Parc Bryn Bach Running Club	FV40	130
86	01:15:34	SWIFT, Darren	Parc Bryn Bach Running Club	MV50	129
87	01:15:35	DENNIS, Ian	Cleobury Mortimer RC	MV60	123
88	01:16:55	BASKEYFIELD, Ann	Ludlow Runners	FV50	70
89	01:17:10	BOOKER, WENDY	Ludlow Runners	FV50	121
90	01:18:48	BROADWAY, Linda	Malvern Buzzards	FV50	134
91	01:19:20	BENWELL, Alison	Ludlow Runners	FV50	80
92	01:19:27	GRIFFITHS, Karen	Cleobury Mortimer RC	FV50	53
93	01:19:43	STEVEN, Jenny	Unattached	FV40	68
94	01:19:52	PRICE, Michelle	Newent Runners	Senior Female	116
95	01:19:58	PETERS, Suzanne	Forest of Dean	FV50	66
96	01:20:02	SPINK, Jean	Unattached	FV40	46
97	01:21:00	BEST, Lisa	CKLRC	FV40	61
98	01:21:04	PARKER, Michele	Ludlow Runners	FV50	104
99	01:21:14	CROFT, Leigh	Unattached	FV40	60

100	01:22:13	PARIS, Miriam	Forest of Dean	FV50	65
101	01:22:55	SMITH, Sandra	Unattached	FV50	24
102	01:25:48	WHITE, Linda	Unattached	FV60	90
103	01:25:49	NORWOOD, Heather	Unattached	FV40	95
104	01:26:32	ASHFIELD, Samantha	Unattached	FV40	37
105	01:26:43	WEBB, Lucy	Unattached	Senior Female	38
106	01:26:51	MARSH, Sybil	Ludlow Runners	FV70	127
107	01:27:02	JAMES, Sarah	Unattached	FV40	30
108	01:27:10	SMITH, Ruth	Newent Runners	FV40	40
109	01:27:28	FEATHERSTONE, Yvonne	Newent Runners	FV40	107
110	01:28:01	HAMILTON, Anthea	Unattached	FV40	31
111	01:28:39	TOLLEY, Vivien	Malvern Joggers	FV50	140
112	01:31:18	SMITH, Pauline	Unattached	FV50	54
113	01:32:18	CHAPMAN, Ellen	Unattached	FV40	113
114	01:32:19	FINCH, Elizabeth	Unattached	FV40	115
115	01:42:51	DAVIES, Emma	Unattached	Senior Female	87
116	01:42:51	THOMAS, Claire	Unattached	FV50	96
117	01:42:51	WILLIAMS, Sally	Spirit of Monmouth	FV40	88
118	01:42:51	WILLIAMS, Eleanor	Unattached	Senior Female	120