

Place	Forename	Surname	Gender	Club	Finish Time	Age Category	Category Place
1	Jasper	Robinson	Male	Croft Ambrey RC	00:49:04	MSenior	1
2	Nick	Hitchings	Male	Worcester	00:51:12	M50-59	1
3	Eoin	McQuone	Male	CLC Striders	00:51:33	M50-59	2
4	Peter	Koval	Male	Hereford Tri	00:51:36	MSenior	2
5	Kieran	Merrick	Male	Hereford Couriers	00:52:31	MSenior	3
6	Michael	Jones	Male	Unattached	00:53:31	M50-59	3
7	Sam	Juson	Male	Croft Ambrey RC	00:54:53	MSenior	4
8	Paul	Mammatt	Male	Hereford Tri	00:55:45	M50-59	4
9	John	Brennan	Male	Black Pear Joggers	00:55:55	M40-49	1
10	Darren	Mckay	Male	Black Pear Joggers	00:57:25	M50-59	5
11	Michael	Powell	Male	Croft Ambrey RC	00:58:08	M50-59	6
12	Julian	Satchell	Male	Malvern Joggers	00:59:01	M60-69	1
13	Pete	Blakeman	Male	Almost Athletes	00:59:21	M60-69	2
14	Ashley	Robinson	Male	Croft Ambrey RC	00:59:29	M70+	1
15	Steve	Herington	Male	Hereford Couriers	00:59:48	M70+	2
16	Christian	Pryne	Male	Builth & District Running Club	01:01:04	M50-59	7
17	Gareth	Jones	Male	Unattached	01:01:22	MSenior	5
18	Paul	White	Male	Unattached	01:01:23	M50-59	8
19	Emma	Stewardson	Female	Ludlow Runners	01:01:30	F40-49	1
20	Richard	Bennett	Male	Almost Athletes	01:01:49	M40-49	2
21	Keith	Ruff	Male	Malvern Joggers	01:02:14	M60-69	3
22	David	Gwilliam	Male	Unattached	01:03:06	M50-59	9
23	Edward	Hogan	Male	Ledbury & District Harriers	01:03:11	M40-49	3
24	Alison	Buttle	Female	Black pear joggers	01:03:45	F40-49	2
25	Rachael	Alexander	Female	Worcester AC	01:03:52	F40-49	3
26	Nicola	Tyler	Female	Hereford Couriers	01:04:06	F50-59	1
27	Richard	Cawley	Male	Hereford Tri	01:04:09	M40-49	4
28	Flora	Gunner	Female	Croft Ambrey	01:05:02	F50-59	2
29	steven	pengelly	Male	Unattached	01:05:06	M50-59	10
30	Susan	Lane	Female	Malvern Joggers	01:05:15	F50-59	3
31	Stephen	Galligan	Male	Ledbury & District Harriers	01:05:38	M40-49	5
32	Julie	Caseley	Female	Malvern Buzzards Running Club	01:05:42	F60-69	1
33	Emma	Poole	Female	Unattached	01:05:51	F50-59	4
34	Martin	Thomas	Male	Unattached	01:05:53	M40-49	6
35	Guy	Whitmarsh	Male	Croft Ambrey Running Club	01:06:20	M70+	3
36	Ewelina	Skolimowska	Female	Black Pear Joggers	01:06:22	FSenior	1
37	David	Shacklock	Male	Black Pear Joggers	01:06:25	M40-49	7
38	keith	williams	Male	Hereford Tri	01:07:00	M60-69	4
39	Beth	Warren	Female	Tewkesbury Running Club	01:07:02	F40-49	4
40	Samantha	Harper	Female	Croft Ambrey RC	01:07:13	F40-49	5
41	Thea	Preece	Female	Croft Ambrey RC	01:07:16	FSenior	2
42	Darren	Perry	Male	Black Pear Joggers	01:07:17	M40-49	8
43	Johnny	Kramer	Male	Hay Hotfooters	01:07:18	M50-59	11
44	Jason	Green	Male	Black Pear Joggers	01:07:22	M40-49	9
45	Thomas	Powell	Male	Ludlow Runners	01:07:49	MSenior	6
46	Stu	Pegg	Male	Unattached	01:08:01	MSenior	7
47	Lorraine	Griffiths	Female	Black Pear Joggers	01:08:40	F50-59	5
48	Anne	Pengelly	Female	Unattached	01:09:04	F40-49	6
49	Mark	Lister	Male	Ledbury & District Harriers	01:09:18	M60-69	5
50	Claire	Shacklock	Female	Black Pear Joggers	01:09:20	FSenior	2
51	liza	Austin	Female	Croft Ambrey RC	01:09:45	F50-59	6
52	Robert	Jones	Male	Unattached	01:09:53	MSenior	8
53	David	Quigley	Male	Unattached	01:09:56	M50-59	12
54	Paul	Martin	Male	Hereford Ghost	01:10:30	M40-49	10
55	Verity	Farr	Female	Unattached	01:10:49	FSenior	2
56	Sharon	Moore	Female	Unattached	01:10:49	F50-59	7
57	Steve	Harris	Male	Black Pear Joggers	01:10:53	M60-69	6
58	Deanna	Mammatt	Female	Hereford Tri	01:11:40	F40-49	7
59	Bronwyn	Preece	Female	Croft Ambrey RC	01:12:14	FSenior	2
60	Lucy	Head	Female	Unattached	01:12:23	F40-49	8

61	Christine	Bryan	Female	Unattached	01:12:30	F40-49	9
62	Jo	Winfield	Female	Black Pear Joggers	01:12:34	F50-59	8
63	Paul	Taylor	Male	Hereford Tri	01:12:56	M60-69	7
64	Alexandra	densley	Female	Unattached	01:13:10	F40-49	10
65	John	Haines	Male	Unattached	01:14:29	M50-59	13
66	Claire	Strickland	Female	Unattached	01:14:29	F40-49	11
67	Lesley	Ashton	Female	Vegan Runners UK	01:15:00	F60-69	2
68	Carol	Powell	Female	Croft Ambrey RC	01:15:02	F40-49	12
69	Mark	Dillon	Male	Black Pear Joggers	01:15:13	M50-59	14
70	Tracy	jukes	Female	Unattached	01:17:01	F40-49	13
71	Andy	Husband	Male	Unattached	01:17:49	M50-59	15
72	Jade	Evans-Scott	Female	Unattached	01:18:20	FSenior	2
73	Monique	Horne	Female	Unattached	01:19:19	F40-49	14
74	Lisa	Gray	Female	Croft Ambrey RC	01:23:23	F40-49	15
75	Clare	Preece	Female	Croft Ambrey RC	01:24:33	F50-59	9
76	Tonia	Noon	Female	Croft	01:26:10	F50-59	10
77	Suzanne	Field	Female	Croft Ambrey RC	01:27:49	F50-59	11
78	Chloe	Downing	Female	Malvern Buzzards Running Club	01:28:32	FSenior	2
79	Gillian	Lynes	Female	Malvern Buzzards Running Club	01:28:32	FSenior	2
80	Gary	Lambert	Male	Ledbury Harriers	01:28:55	M50-59	16
81	Tom	Davies	Male	Croft Ambrey Running Club	01:29:34	M70+	4
82	Sybil	Marsh	Female	Ludlow Runners	01:37:13	F70+	1
83	Rachel	Black	Female	Newent Runners	01:42:07	F40-49	16
84	Claire	Price	Female	Newent Runners	01:42:09	F50-59	12
85	Emily	Trenwith	Female	Newent Runners	01:42:09	FSenior	2
86	Bryan	Markham	Male	Croft Ambrey RC	01:46:06	M80+	1